

Fitness for Work - Fitness for Life Working Well Together Event

Cheltenham Race Course,
Prestbury Park, Cheltenham,
Gloucestershire GL50 4SH



Help for the industry - from the industry

Tuesday 26th February 2013

Fitness for Work - Fitness for Life

Working Well Together Event

With the HSE devoting more of its time and effort to regulating smaller sites and businesses there has never been a more important time for everyone in construction, especially the self-employed and small construction companies, to understand how to comply with their obligations.

This free 'Fitness for Work-Fitness for Life' half-day event is the perfect opportunity for you to gain a better understanding of some key health & safety responsibilities and how to safeguard the health and wellbeing of you, your workforce and your business.

On the 26th February at Cheltenham Racecourse, construction industry experts will be on hand to offer guidance and advice on:

Asbestos Awareness - Did you know that on average 20 tradesmen a week die from asbestos exposure? Now is the time to get clued up on the facts, so that you, your workmates, your friends and family are protected.

Silica Dust – Construction dust is not just a nuisance; it's a real risk to your lungs and potentially your life, with silica dust estimated to be responsible for the death of over 500 people who have worked in construction each year.

Face Fit Testing – Would you wear a pair of safety boots that didn't fit? Wearing a mask that doesn't fit means you're not protected, and you're not legal. Learn how Face Fit Testing is vital to safeguarding your health and staying legal.

Hand Arm Vibration – Do you use concrete breakers, sanders, disc cutters? Whatever your trade, if you are a regular user of power tools and equipment you could be at risk of permanent damage your nerves, blood vessels. Learn the simple steps you can take to safeguard your health.

Noise in Construction - It can take years for a worker to realise just how deaf they have become due to repeated exposure to noise. Young workers can be damaged as easily as older ones so listen to some good advice before it's too late.

Welfare - Pushed for time running a busy building site? Learn the essential health and safety top tips to follow, even if you don't directly employ the people working on your site.

Event Programme

08.00 - 08.30 REGISTRATION/TEA/COFFEE AND BACON ROLLS

08.30 - 08.45 Welcome and Introduction

08.45 - 13.30 The programme will consist of talks and demonstrations on:

- ◆ Asbestos Awareness
- ◆ Silica Dust
- ◆ Face Fit Testing
- ◆ Hand Arm Vibration
- ◆ Noise in Construction
- ◆ Welfare

Plus free exhibition with distributors and suppliers of the latest equipment to help protect your health.

You will be asked to complete a feedback form in return for a Certificate of Attendance and a health and safety leaflet pack.

Refreshments will be provided free of charge

BOOK NOW!

WWT campaign reserves the right
to amend this programme



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Places will be allocated on a first come first served basis, so book early to ensure your place. *Please complete all details clearly.*

I would like _____ place(s)

Name(s) attending _____

Company/Business name _____

Address _____

Postcode _____

Telephone _____

Fax _____

E-mail _____

Please post or email your booking by Friday 22nd February 2013 to:

Tel: 0117 988 6012

Post to: Yvonne Mazzotta
Health and Safety Executive
The Pithay
Bristol
BS1 2ND

Fax to: 0117 988 6010

E-mail: yvonne.mazzotta@hse.gsi.gov.uk

Please tick size of company
(number of people)

0-5 ☐

6-15 ☐

16-50 ☐

50+ ☐

WWT may retain your details in a computer record for accounting purposes, evaluation of the seminar and to advise you of other seminars and publications which may be of interest to you. If you do not wish to receive further information please tick the box. ☐

WWT may pass basic details of companies attending this event to exhibitors. If you would prefer your contact details not to be passed on – please tick the box. ☐

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Working Well Together Event



Supported by



BOOKING FORM



How to find us

Cheltenham Race Course,
SalesArena and Betting Hall,
Prestbury Park,
Cheltenham,
Gloucestershire
GL50 4SH

Please follow the recommended routes signed by the AA.
On reaching the race course please follow the parking signs for the
Working Well Together Event.

<http://www.cheltenham.co.uk/raceday/how-to-get-here/>

For information on the Working Well Together campaign:
wwt.uk.com

BOOK NOW!

