

#PhysicallyActive



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Summer Challenge

What to do...

Throughout the summer holidays think about ways that you can get active – whether it's a game of rounders with your friends, playing in the park or just going for a walk.

Look out for activities to take part in around town. You can collect stickers anywhere you see the No Child Left Behind logo.

Attach your stickers to this chart 

Once you have completed your chart return it to one of the venues listed on our website to collect a small prize and a chance to have afternoon tea with the Mayor of Cheltenham.

Some summer suggestions:

- Follow Cheltenham BID's Hidden Cheltenham Summer Trail from 17th July to 2nd Sept. Collect your free map from the Wilson Art Gallery & Museum.
- Visit Leisure@ where 5 children can swim for free with each paying adult.
- Join 'Play Gloucestershire' at Springfield Park, Springbank, 10am –4pm every Wednesday for a range of activities.
- Tennis, boating, golfing and simply playing in Pittville and Montpellier parks will earn you a sticker from the café!
- Put on your comfy shoes and go for a walk with your family, your friends or your dog. **For more ideas check out our website**



Collect stickers anywhere you see the 'No Child Left Behind' logo

For all the places you can take part in the challenge go to www.cheltenham.gov.uk/physicallyactive

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Contributors:



and many more...

If you would like to be entered into our prize draw please enter your contact details:

Name

School

Post Code

Tel.

For more information about how we will use your details, please see our web page:

www.cheltenham.gov.uk/PhysicallyActive



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