

## All advice valid as of 9<sup>th</sup> July

The following FAQs are specific to the relevant businesses:

### Can I take my fitness class outdoors?

Yes. You can do this if you keep to small classes of five students and have only one instructor can maintain social distancing and have the permission of the land-owner. This is in line with the current guidance for personal trainers and coaches:

<https://www.gov.uk/government/publications/coronavirus-covid-19-guidance-on-phased-return-of-sport-and-recreation/guidance-for-the-public-on-the-phased-return-of-outdoor-sport-and-recreation>

Personal trainers/coaches should not be undertaking classes outside in groups larger than 6 UNLESS - they have a copy with them of a risk assessment which complies with regulation 3 of the Management of health and safety at work regulations 1999, AND;  
- have within that risk assessment taken account of the government guidance in relation to personal trainers/coaches and have justified as to why that guidance is not relevant to their class.

If you are using a council park or green space than see our guidance for public or private events:

[https://www.cheltenham.gov.uk/info/33/parks\\_and\\_open\\_spaces/278/events\\_held\\_on\\_council\\_land](https://www.cheltenham.gov.uk/info/33/parks_and_open_spaces/278/events_held_on_council_land)

You will need to contact [Internet-SpecialEvents@Cheltenham.gov.uk](mailto:Internet-SpecialEvents@Cheltenham.gov.uk) for their permission.

For more on our Parks and Gardens see:

[https://www.cheltenham.gov.uk/info/33/parks\\_and\\_open\\_spaces](https://www.cheltenham.gov.uk/info/33/parks_and_open_spaces)

### Are 'Medical Aesthetics' allowed to operate?

No. Aesthetics have been included in the new regulations schedule. The British Medical Association (BMA) has said that even though some treatments are administered by nurses and overseen by doctors they are still aesthetics and therefore must not open. Only medical premises may operate. Close face practices are not currently considered safe.

### When is a premises considered Medical?

A medical premises is one with a medically qualified persons doing the treatment and which is regulated by the Care Quality Commission (search CQC website:

<https://www.cqc.org.uk/search/services/clinics?location=Cheltenham%20&latitude=&longitude=&sort=default&la=&distance=15&mode=html>). This includes GPs, hospitals and some clinics.

An aesthetic treatment is a treatment of choice and is not being undertaken for a medical need. Beauty salons operating to medical standards are not considered medical.

The following advice is for all business.

### How do I prepare for re-opening and make my business COVID-secure?

Undertake a risk assessment and put into place relevant procedures and practices to control the risks so that you can make your premises Covid-secure. You should also ensure your general risk assessment is reviewed to take account of any specific risks including legionella (see below). Before undertaking a risk assessment read the government guidance and any relevant industry guidance.

You must also talk to your employees regarding their risk concerns and the implementation of the actions required. The following guidance may help:

5 steps to working safely:

<https://www.gov.uk/guidance/working-safely-during-coronavirus-covid-19/5-steps-to-working-safely>

HSE Risk assessment resources:

<https://www.hse.gov.uk/simple-health-safety/risk/index.htm>

<https://www.hse.gov.uk/abc/> (for small business)

CBI - <https://www.cbi.org.uk/articles/the-latest-coronavirus-guidance-for-business-1/>

Cleaning in non-healthcare settings:

<https://www.gov.uk/government/publications/covid-19-decontamination-in-non-healthcare-settings/covid-19-decontamination-in-non-healthcare-settings>

Cleaning historic surfaces :

<https://historicengland.org.uk/coronavirus/historic-places/cleaning-historic-surfaces/>

The following guidance may be of use to hairdressers, barbers and for other close contact services preparing to open (beauticians, tattooists and massage therapists):

Close Contact Services guidance:

<https://www.gov.uk/guidance/working-safely-during-coronavirus-covid-19/close-contact-services>

CIEH guidance, including salons and spas:

<https://www.cieh.org/policy/coronavirus-covid-19/resources/>

Government guidance on reopening

<https://www.gov.uk/government/news/beauty-salons-set-to-reopen-for-some-services-next-week-under-new-government-guidelines>

The Health and Safety Executive has a helpline dedicated to helping business before re-opening and this may be of use:

**Tel: 0300 790 6787**

They also have a dedicated advice page:

<https://www.hse.gov.uk/coronavirus/index.htm>

### **How do I manage Legionella risks in my buildings water systems?**

Direct guidance on this can be gained from both The World Health Organisation guidance on legionella:

[https://www.esamid.org/fileadmin/src/media/PDFs/3Research\\_Projects/ESGLI/COVID\\_buidling\\_water\\_system\\_guidance\\_27\\_3\\_20\\_v4\\_DS.pdf](https://www.esamid.org/fileadmin/src/media/PDFs/3Research_Projects/ESGLI/COVID_buidling_water_system_guidance_27_3_20_v4_DS.pdf)

and the Chartered institute of Environmental Health guidance “Legionnaires’ disease and reopening safely”:

<https://www.cieh.org/media/4208/legionella-guidance-covid-19.pdf>

The overarching guidance on legionella is on the HSE website:

<https://www.hse.gov.uk/coronavirus/legionella-risks-during-coronavirus-outbreak.htm>

('hot and cold water systems' is useful to most businesses).

### **Can the Local Authority look at and approve my risk assessment?**

The local authority is unable to check everyone's risk assessment to ensure premises are Covid-secure. As the enforcement body, it is also inappropriate to endorse a business's risk assessment. Risk assessments are specific for each business and best undertaken fully by the business themselves. They are only ever as useful as they are actioned / applied. The local authority is happy to comment on specific questions but not on the whole of a risk assessment.