

# ASK FOR ANGELA



SAYING NO TO SEXUAL VIOLENCE  
IN GLOUCESTERSHIRE.



“ HI I'M ANGELA,

ARE YOU ON A DATE  
THAT ISN'T WORKING OUT?

DO YOU FEEL LIKE  
YOU'RE NOT IN A  
SAFE SITUATION?

IS YOUR TINDER OR  
POF DATE NOT WHO  
THEY SAID THEY WERE  
ON THEIR PROFILE?

DOES IT ALL FEEL  
A BIT WEIRD?

IF YOU GO TO THE BAR AND ASK FOR 'ANGELA'  
THE BAR STAFF WILL KNOW YOU NEED SOME HELP GETTING  
OUT OF YOUR SITUATION AND WILL CALL YOU A TAXI OR  
HELP YOU OUT DISCREETLY - WITHOUT TOO MUCH FUSS ”



If you are in an emergency situation and the bar staff can't help, please call **999**.  
If you are able to remove yourself from the situation with the help of the bar staff,  
and you feel you need to talk to someone about what happened to you, call  
Gloucestershire Rape and Sexual Abuse Centre on **01452 526770**.  
Helpline opening times are on our website [www.glosrasac.org.uk](http://www.glosrasac.org.uk).





# Advice for Staff using the 'Ask for Angela' Poster scheme within their venues

- 1.) Offer to take the person asking for help to a part of venue not in sight of the public or potential threat. (staff room, kitchen, toilets)
- 2.) Offer to call the person a taxi or assist them in calling a friend/family member to come and collect them
- 3.) Where safe to do so (the person asking for help is out of sight and the staff consider it safe) request the person causing distress leaves the venue.
- 4.) Ask the person in distress what it is they want to do? (It might be they just want to alert staff that things are becoming uncomfortable and might need someone to keep watch whilst they collect possessions from the area where they were seated).
- 5.) Do Not allow the person asking for help to leave the venue in sight of the person causing them distress as this could lead to them being followed out of the venue and placed at higher risk.
- 6.) If the person causing distress becomes angry consider calling the police for assistance or follow your corporate policy on this issue.



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